

FACTS ABOUT SPINA BIFIDA

Spina Bifida (open spine) is the most common disabling birth defect in the United States - affecting 8 newborns every day. Spina Bifida is more common than muscular dystrophy, multiple sclerosis and cystic fibrosis. Spina Bifida often results in varying degrees of paralysis, bowel and bladder dysfunction, hydrocephalus, and learning disabilities. Spina Bifida occurs during the first month after conception, before most women even know they are pregnant.

Studies indicate that if all women of childbearing age were to consume .4 mg of folic acid daily, before and during early pregnancy, the incidence of Spina Bifida and other neural tube defects could be reduced by up to 70 percent.



MAP & DIRECTIONS TO TY WARNER PARK PAVILION A & B – SBA of IL WALK & ROLL



From North: I-294 South to Ogden Avenue. Ogden Avenue west to Blackhawk Drive. Blackhawk Drive north 1 block to Ty Warner Park.

From South: I-55 to Route 83. Take Route 83 north to Ogden Avenue. Ogden Avenue west to Blackhawk Drive. Blackhawk Drive north 1 block to Ty Warner Park.

From East: I-294 north to Ogden Avenue or I-88 West to Route 83 and south to Ogden Avenue. Then take Ogden Avenue west to Blackhawk Drive. Blackhawk Drive north 1 block to Ty Warner Park.

From West: I-88 east to Midwest Road. Take Midwest Road south to Westmont (Midwest Road turns into Cass Avenue in Westmont). Take Cass Avenue to Plaza Drive. Turn left on Plaza Drive and go 1 block east to Ty Warner Park.

SBA OF IL SPRINT FOR SPINA BIFIDA

Spina Bifida
Association of Illinois

SUNDAY
SEPTEMBER 14, 2008

WALK &
ROLL-A-THON

Ty Warner Park
Westmont, IL

11:00 am Registration
11:30 am Start for Walk & Roll

Food and drinks served afterwards

In memory of Anne Bergh, for her
tireless dedication and support over
the years.



(773) 444-0305
WWW.SBAIL.ORG

COME JOIN US!



A group of walkers and rollers composed of families and friends at the 2006 SBA of IL Walk & Roll-a-thon!

Medals will be awarded for:

The person who raises the most sponsorship money in each age group

Team prizes will be awarded for:

Team who raises the most money

Team with the largest amount of participating members

The first 150 participants to register will receive a free t-shirt!

Shirts will be handed out day-of. Sizes by request on a first come, first served basis.

WE WOULD LIKE TO THANK OUR REPEAT SPONSORS:

Enterprise
Pepsi America
Windy City Corvettes

Pledge Sheet for Walk-and-Roll-a-thon

#	Sponsor Name and Phone #	Amount
EX	<i>John Smith (555) 555-5555</i>	\$35.00
1		
2		
3		
4		
5		
6		
7		
8		
9		
10		
11		
12		
13		
14		
15		
TOTAL \$		

Please make checks payable to the "Spina Bifida Association of Illinois". Donations must be collected and turned in by date of walk to collect prizes.

Registration Form

Name _____

Address _____

Phone _____

Age Group: ___12 & Under ___13-17 ___18-29

___30-55 ___55+ Gender: _____

Company/School _____

Team Name (if applicable): _____

Number in Party: _____

Preferred t-shirt size(s) _____

Registration fee: \$15/person or \$25/family of four before 9/5/07, after 9/5/07 \$20/person \$35/family

I am raising over \$100 in sponsorships to waive the Registration Fee.

I am unable to participate but wish to make a donation to SBA of IL in the amount of _____

I am using my company's matching gift program _____

Number of Participants _____ Total _____

Method of Payment

Check made payable to Spina Bifida Association of Illinois

Visa

MasterCard

Discover

American Express

Credit Card # _____ Exp. date _____

Signature _____

Spina Bifida Association of Illinois

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